

Top 5 Ways to Be Happy At Work!

Considering we spend half of our waking hours at a job, it might be important to pay attention to one's level of job satisfaction. Even if you have perks at work, sometimes perks enable employees to spend all of their time at work and feeling exploited, you soon discover you don't have a life balance. So, even the best employer may not be the best for everyone. These are the factors that will help you find happiness at work.

1) Choose to Be Happy at Work

Happiness is largely a choice. If you find you don't have the courage to leave your job right now, due to money, retirement, etc., then find a way to make the best of your job. Avoid negative people and gossip at work. Find coworkers you like you like and enjoy and spend your time with them.

2) Do Something You Love Every Single Day

If you don't like your current job, you might not believe that you can find something in your current job that you love, but you can. Remember you can make your current job work for you or decide it's time to quit.

3) Take Charge of Your Own Professional and Personal Development

You are responsible for your own personal development, so take charge of your growth. Ask your boss to take any class that can help you with your job, but you must personally develop a plan for your goals. Keep your skills up-to-date and marketable. Take classes or obtain that degree you always wanted.

4) Take Responsibility for Knowing What is Happening at Work

I've always heard people complain about not receiving enough communication and information about what is happening with their company, their department's projects, or their coworkers. Seek out information you need to work effectively. Develop an information network and use it. Assertively request a weekly meeting with your boss and ask questions to learn. You are in charge of the information you receive.

5) Ask for Feedback Frequently

Have you made statements such as, "My boss never gives me any feedback, so I never know how I'm doing." Let's face it; there are some bosses that do not know how to give feedback, so you have to take matters in your own hands. Ask your boss for feedback. Tell him you would like to hear his assessment of your work. Talk to your customers as well. Find out how to improve in your job and be the best that you can be. You might be surprised what could happen.

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About the author: Brenda Ferguson, "The Interview Queen," is inspiring, motivating and empowering - but most importantly, she's effective. A speaker and author on the topic of interviewing, Brenda delivers insights and principles that are proven to achieve CAREER SUCCESS. Brenda publishes the weekly Career Talk ezine. If you're ready to ATTRACT amazing career success, take your career to the next level, and stand out from your competition, get Brenda's FREE WEEKLY TIPS by going NOW to www.theinterviewqueen.com!

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